



QUARTERLY NEWSLETTER



RADHIKA

SEWA SADAN
EYE
HOSPITAL

HIGHLIGHTS

Honouring Shri Janiyani's Dedicated Service

Shri. L.C. Janiyani, Managing Trustee, Sewa Sadan Eye Hospital was honoured with the Late. Shri Uttamchand Israni Award. The award felicitated his dedicated and voluntary service to the community. The award was presented by the Sindhi Mela Samiti at a function at Bhopal, Madhya Pradesh on 4th June, 2023.



I am grateful to Sindhi Mela Samiti for honouring me with such a prestigious award. It is the blessings of Paramhans Sant Hirdaram Sahib Ji that we are able to help the poor and needy of society and work towards eradication of blindness. It is my privilege to be a part of the society/hospital where every day feels like a blessing when we see our patients being treated with care and compassion: Shri Janiyani.



Working towards Quality Eye Care

We constantly strive to upgrade quality of eye care for our patients - be it latest equipment, technology, association etc. In the past few months, we have taken some steps in this direction.

SSEH Joins AHPI - A step towards improving quality eye care for patients

SSEH is now a member of the prestigious Association of Healthcare Providers (India).

This step is towards our constant endeavour for quality eye care services to our patients. Being a member of this national body will empower us for delivering appropriate healthcare to the community. In addition, our systems, and processes will be in a continuous mode of upgradation.

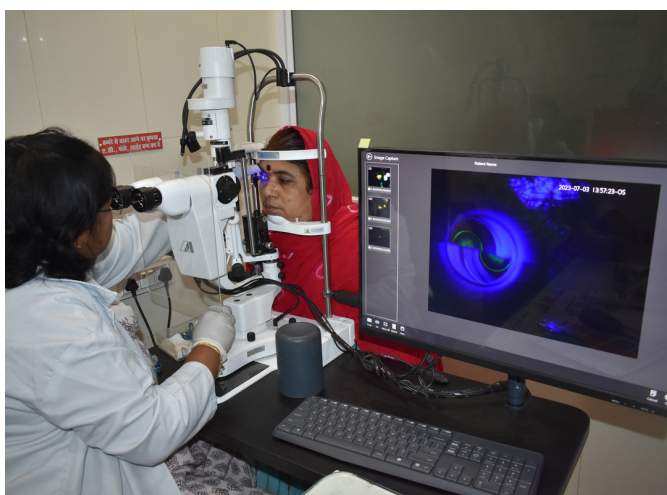


SSEH joins MP Nursing Home Association

SSEH has joined MP Nursing Home Association. This is towards betterment of the hospital.

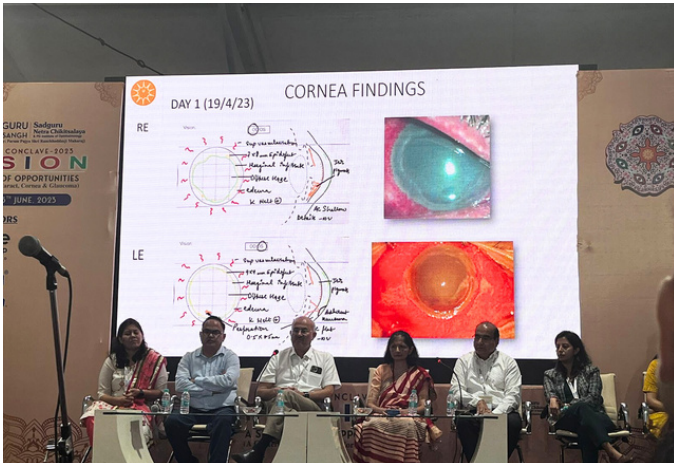
Advanced Equipment Acquired

We recently added two advanced equipments for our hospital - IOL Master 700, which will help doctors decide the best suitable lens for cataract. The other equipment is an advanced Slit Lamp for better examination.





Workshops/ Training



Medical Director, SSEH at 'Fusion 2023'

Dr. Purna Upadhyaya, Medical Director, SSEH was invited to Sadguru Conclave 'Fusion 2023' to deliver a talk. The two - day conference from 23-24 June 2023 was conducted by Sadguru Netra Chikitsalaya, Chittrakoot, MP.

Dr. Upadhyaya spoke on Post-penetrating keratoplasty complications management and Acute Hydrops Management in corneal ectasia.

The conference's focus was on cataract, cornea and glaucoma.

DNB residents from SSEH – Dr. Neha, and Dr. Krishna participated in a quiz held during the conference.



SSEH Team at Eye Care Training

Dr. Deepa Raidas, Glaucoma Consultant, Dr. Krishna Nimbalkar, DNB Resident and Mrs. Renu Khushlani, Sr. Optometrists from Sewa Sadan Eye Hospital participated in a training programme Eyexcel – "Excellence in Eye Care Training" from 24 – 28th April organized by Sadhguru Seva Sangh and Seva Foundation at Sadhguru Netra Chikitsalaya, Chittrakoot, Madhya Pradesh.

The two-day training was aimed at eye care professionals to master the principles and practices of new age training and development. Dr. Deepa Raidas received the Best Innovative award in Eyexcel training.



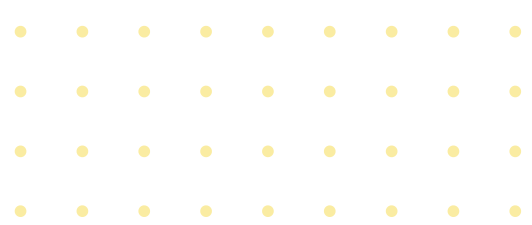
SSEH delegates. From left: Mrs. Renu Khushlani, Sr. Optometrists); Dr. Krishna Nimbalkar, DNB Resident and Dr. Deepa Raidas, Glaucoma Consultant.



It was a very special experience to be a part of Eye-excel "Training the trainer " programme. It has changed my way of thinking and I was able to understand the importance of planning before commencing a fellowship programme: Dr. Raidas



VISITS



MFV Visit to SSEH

Mr. Debashis Maiti, Sr. Optometrist – Programme Development from Mission For Vision (MFV) visited SSEH from 17-21st April, 2023.

The visits were carried along with MFV supported SSEH VCs Coordinator, Mr. Prince. Mr Maiti observed the community health workers' method of conducting the door-to-door screening.

The observations were then discussed with Ms. Bharti Janiyani, Sr. Hospital Manager (Operations) and Mr. Manoj Dhavadiya, Programme Manager.



Mr. Maiti observing the door to door screening



OEU's International Team's Visit



Mr. Abhishek Trivedi, Programme Manager – South Asia; Mr. Yashwant Sinha, Director – International Programs; Mr. Arvind Babu, Director – International Finance & Administration visited OEU- supported vision centres.

Operation Eyesight Universal's senior international team visited SSEH from 16th - 19th May, 2023 for programmatic and financial monitoring of OEU supported vision centres.

Mr. Yashwant Sinha, Director – International Programs, Mr. Abhishek Trivedi, Programme Manager – South Asia and Mr. Arvind Babu, Director – International Finance & Administration visited OEU- supported vision centres.

Ms. Bharti Janyani & Mr. Manoj Dhavadiya accompanied the team during their visit to the VC while Mr. Kushal Dharmani assisted them with the financial audit at base hospital.





Externship of LAICO Fellow

Sewa Sadan Eye Hospital was glad to host Ms. Ruth Jebarani for a two month externship from 3rd April to 31st May 2023.

Ms. Ruth is a Fellow of the 'Eye Hospital Management Programme' of LAICO, training and consulting arm of Aravind Eye Care System, Madurai.

During the two-month, Ms. Ruth worked on two projects: Increasing compliance for surgery and How to reduce patient waiting time in OPD.



Ms. Ruth is flanked by Ms. Bharti Janiyani; Shri L.C. Janiyani; Col (Retd) Deshpande; Ms. Anusha Pathak



Eye & Dental Camp

For the benefit of the people of Bhopal, Sewa Sadan Eye Hospital organised a series of free eye and dental camps at different venues at the heart of the city.

Since the month of May, three such camps have been held. One at Borvan Club on 27th May; Ekant Park on 12th June and at Swarna Jayanti Park on 13th June. A total of 486 people availed of the benefit. Doctors and health workers used this opportunity to check blood pressure and screen for diabetes.

Eye doctor, Dr. Aishwarya Raghuvanshi and senior optometrist on examination at the camp detected cases of refractive error which requires using spectacles and of cataract, which requires further treatment. Dentist at SSEH Dr. Komal Daswani did the dental checkup.

486

Screened for
eye problems

193

Needed
Specs

44

Cataract
Detected

Borvan Park



Ekant Park



Swarna Jayanti Park



OTHER CAMPS

Eye camps are a way of taking eye care to people's doorstep. Its a common attitude found in many to defer a check up which can save sight. SSEH regularly conducts such camps.

Cash Management System supports us regularly for eye camps. One was held on 30th May 2023 at Anna Nagar, Bhopal. In the camp, 116 people were screened, 32 spectacles dispensed and 4 cataract surgeries advised.



Bhopal Utsav Mela Samiti had organized a camp at Manas Bhawan Bhopal on June 25, 2023. 190 patients were screened, 34 were identified with cataract and 24 were admitted for surgery.



Blood Donation Camp

On World Blood Donor Day observed on 14 June annually 16 employees of SSEH donated blood at Bhopal Blood Centre.



Ranii patil

EDUCATION

Optometry Exam Conducted

Examinations for 28 students of National Council of Vocational and Research Training affiliated course - Diploma in Optometry was conducted between 24th – 27th April, 2023.

All the 1st year students appeared for the examination at SSEH. Mr. Manoj Dhavadiya, Programme Manager, SSEH was the invigilator and conducted the exam with all due instructions shared by NCVRT.

The admissions for 2nd batch have commenced and the new session will commence from July 2023.



The exam in progress

Motivational Talk by Rev Sidh Bauji

Prior to the examination, even while the students were preparing for the exams, Rev Siddh Bhauji motivated the students by addressing them. He emphasised the importance of education and the need to stay calm and focused to perform well.

Students with Rev Sidh Bauji sitting at the center. On his right is Shri Mahesh Dayaramani; Dr. Hemant Sinha. On his left: Col (retd) Dr. Deshpande, Shri L.C. Janiyani and Ms. Bharti Janiyani.



New Course Introduced

SSEH has launched Long Term Fellowship in Comprehensive Ophthalmology. The course is for 12 months. For year 2023, we have 2 seats.

The training will start from June for one trainee and in October for the other.

Dr. Preeti has joined the course in June 2023.

SICS Training



Two doctors have completed 2 month SICS fellowship at SSEH



TRAINING

Staff Training

The training for the hospital's newly inducted staff was conducted on 24th June 2023.

The training was to orient them about the different parameters - an introduction about the hospital, quality indicators, how to approach the patients etc.

The training was conducted by the heads of different departments. Mr. Kushal Dharmani – Sr. Hospital Manager, Mr. Ravindra Pathak – HR Manager, Mr. Imran Khan – Quality Manager.



Training at the Community

109

Asha training at Khirkiya Vision Centre

74

Asha training at Sirali vision centre

135

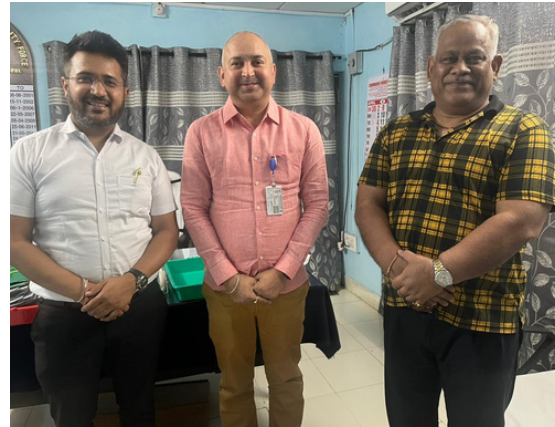
Panchayati Raj Institutions training at Khirkiya vision centre



Asha training a Khirkiya (top) at Sirali (bottom) PRI training (left)

MEETINGS

Meeting for Improving Empaneled Partners



(Left) With Mr. Rawat and (right) with Mr.Man Singh

It is our constant effort to improve the services offered to our empaneled organisations.

Mr. Kushal Dharmani, Sr. Hospital Manager had two meetings with above agenda. He met Mr. Man Singh, Commandant CISF, Bhopal on 20th April, 2023. And on 24th April, 2023, Mr. Kushal had a meeting with CGHS Director, Mr. Rawat. Meeting.

Meeting with Samarthanam Trust

Ms. Bharti Janyani and Mr. Manoj Dhavadiya visited Samarthanam Trust for Disabled on 24h June, 2023.

The meeting focused on referral for Vocational Training and placement for the Visual Impairment people reporting at Base Hospital. They also distributed training completion certificate to the students.





EVENTS

Adieu to Dr Bansal

Dr. Archana Bansal, an Oculoplasty surgeon had been with Sewa Sadan Eye Hospital for the past 15 years.

She was dedicated and hardworking surgeon and SSEH is grateful that she was part of the team.

SSEH felicitated Dr Bansal and wished her best for her future endeavours.



Dr. Kavita Gupta - a woman of Substance

Dr. Kavita Gupta, a Senior Consultant (Paediatric Ophthalmology and Strabismus) at Sewa Sadan Eye Hospital is a dedicated clinician, passionate about her work and constantly upgrading her knowledge.

Dr. Kavita is also a fitness enthusiast. She is keen on fitness and bodybuilding and has won several medals. She recently won the gold medal at the ICN bodybuilding competition held in Mumbai on May 27, 2023.

Balancing her responsibilities as a doctor and mother of two, Dr. Kavita dedicated time to her sports proving that there are no limits to achieving your set goal.

We congratulate Dr Kavita Gupta for her achievement and wish her more accolades in the future.



An early diagnose and treatment saved sight for Anjali & Lucky

*Cataract is the leading cause of childhood blindness in developing countries. Early detection and treatment of childhood cataracts can reduce the burden of blindness in the nation. In Asia, the incidence of childhood blindness is more than one million, and the most common cause of this is pediatric cataract. A developing nation like India contributes 7.4-15.3% of the total incidence of blindness, which reduces those children's quality-adjusted life years. Childhood blindness can be reduced by early diagnosis and prompt treatment. **

Lucky and Anjali fall among the fortunate whose cataract was detected early, and a successful surgery restored their vision to lead a normal life.

At a young age, siblings Anjali 18 years and Lucky 14 years were found to have weak eyesight. Their vision was hazy making it difficult for them to see clearly. This affected all spheres of their lives. They could not play with their friends. At school, they did not fare too well as visual impairment hampered their ability to read study materials and written assignments.



Anjali and Lucky's parents - father, Mr. Jitendra Dhanak an auto-rickshaw driver, and mother, Mrs. Savita worked as a maid in a college were financially not well off. They lived near Neelbad, in Bhopal district of Madhya Pradesh.

Seeing their children suffer and concerned about their deteriorating eyesight Mr Dhanak decided to seek medical help. He took them to Sewa Sadan Eye Hospital's vision centre at Neelbad. On examination, both Lucky and Anjali were diagnosed with bilateral developmental cataract. The teenagers were referred for further examination and possible surgery at the base hospital in Bhopal.

On June 9, 2023, Lucky and Anjali underwent cataract surgery at the base hospital. Following successful surgeries, the siblings' visual acuity improved significantly, enhancing their quality of life and providing them with the opportunity to pursue their education.

*(<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9645413/>)

This newsletter is published by
Sewa Sadan Eye Hospital (Trust)

Sant Hirdaram Nagar, Bhopal,
Madhya Pradesh 462030