



QUARTERLY NEWSLETTER



RADHIKA

SEWA SADAN
EYE
HOSPITAL

HIGHLIGHTS



On 21st September we celebrated Paramhans Sant Hirdaram Sahib Ji's 118th birth anniversary.

Sewa Sadan Eye Hospital was initiated with his blessings and inspiration to serve the needy.

On his birth anniversary, a true tribute would be to re-dedicate ourselves to his teachings and his beliefs.





A Tribute to Sant Hirdaram Sahibji

Shri L.C. Janiyani



Sant Hirdaram Sahibji was born on 21.09.1906 in Bahinan a small village in Distt. Nawabshah, Sindh (now in Pakistan). At the young age of 18 years, Hirdaram Sahibji embraced “Sanyasa” (Renouncing the world) under the guidance of his Guru - His Holiness Baba Hariram Sahib.

Sant Hirdaram Sahibji was a devoted reformer, a social entrepreneur, a philanthropist, a leader, a legend, and a practitioner of the art of giving.

Santji is an example of an entire life given to social service of the highest order serving all beings, particularly the old, incapacitated and sick, and birds.

Simple Living

Santiji epitomized the dictum of simple living and high thinking. He slept on a wooden plank and wore red ochre cotton clothes. He often quoted Maharshi Vashist-“No need to be a mendicant, but be simple-hearted”.

He inspired his disciples and devotees to wear white or light coloured clothes. ‘A person is not defined by his dress but by his conduct and behaviour’ were Santji’s wise words. ‘One does not become a saint by merely wearing ochre clothes, sanyas is a state of mind.’

Self-Dependence

Santji led a disciplined life. Even at the ripe old age of 101 years, he would do all his routine work himself. He encouraged his disciples and devotees to follow suit, especially as it would keep the mind and body fit and alert. Santji inspired women and girls who came to seek his blessings to do all the household work themselves which would bring luck to the family and help them stay fit.

Welfare Activities in Sant Hirdaram Nagar

Sant Hirdaram ji believed that God is enshrined in everyone’s hearts. He preached that those who serve the aged, sick and children were blessed with immense happiness and bliss in this world and the afterworld.

Guru taught his followers to:

1. Be modest in diet and eat simple food
2. Lead a simple life and dress simply
3. Be self dependent
4. Avoid amassing wealth
5. Remain detached from the world

Eye Donation Camp to honour Santji on his birth anniversary



Several events were organised to observe the 118th birth anniversary of Paramhans Sant Hirdaram Sahib Ji.

Special among them was an eye donation camp organized at Sewa Sankalp Dham Sant Ji Kutiya. As many as 127 people of the suburb filled pledge eye donation forms. This camp was organized by Sewa Sadan Eye Hospital.

SSEH Launches Award for Innovative Eye Care Practices

Sewa Sadan Eye Hospital launched an annual award "Sant Hirdaram Sewa Award" for innovative eye care practices' to reach the unreached.

The award includes a cash prize of Rs.1,01,000 and a commemorative memento.

The Siliguri Greater Lions Eye Hospital in West Bengal was the recipient of this prestigious award in its maiden year at the 17th annual conference of VISION 2020 INDIA, held at Gomabai Nethralaya in Neemuch, MP on August 27, 2023.



SSEH team here with the winner of the maiden awardee

Shri R.N. Mohanty, President of VISION 2020 INDIA and Dr. Phanindra Babu Nukela, CEO of the organization presented the award to Dr. Rajesh Saini, CEO of Siliguri Greater Lions Eye Hospital.

This award will be presented annually at the VISION 2020: The Right to Sight - INDIA's national annual conference.



Workshops/ Conferences

AHPI-MPNHA Conclave 2023

An eight-member team from SSEH participated in a day-long conclave held by AHPI & MP Nursing Home Association on 2nd July 2023 at Bhopal.



Shri L.C. Janiyani, Managing Trustee;
Dr. Samta Patel, Associate Medical Director;
Mr. Ashok Assudani, Safety Officer;
Mr. Kuldeep Shrivastava, Quality Assistant;
Ms. Sunita Bhagat, ICN, Mr. Kushal Dharmani, Senior Hospital Manager (Administration)
Ms. Bharti Janiyani – Senior Hospital Manager (Operations)

Orientation at Aravind Eye Hospital, Madurai

Madurai-based Aravind Eye Hospital, a pioneer in community ophthalmology has been the training ground for several hospitals.

Mr. Kushal Dharmani – Senior Hospital Manager (Administration) Ms. Bharti Janiyani – Senior Hospital Manager (Operations); Mr. Manoj Dhavadiya – Programme Manager had the opportunity to visit Aravind Eye Hospital. The objective of the week-long visit from 17 - 23rd July 2023 was to observe the working of some departments - admission, OPD, OT, cataract clinic - for learning.



Mohd. Imran Khan, Quality Manager at SSEH won the prize in NABH Quiz contest. Dr. Atul Mohan Kochhar, CEO NABH presented the award.

Workshops/ Training

SSEH Team at National Conference of VISION 2020 India



A strong contingent from Sewa Sadan Eye Hospital led by Managing Trustee, Shri L.C. Janiyani participated in the 17th annual conference of VISION 2020 INDIA at Neemuch, Madhya Pradesh.

Consultants Col (Retd) Dr. M Deshpande, and Dr. Hemant Sinha along with Bharti Janiyani, Kushal Dharmani, Manoj Dhavadiya, Rewashanker Banke, and Santosh Vyas joined the two-day conference. The community ophthalmology conference was held on 26th & 27th August 2023 with the theme 'One Vision: Eye care to "I care"' at Gomabai Nethralaya, Neemuch.

Presentations by SSEH Team

'Role of multi-sectoral network amongst stakeholders for efficient eye healthcare delivery in a district' by Dr Hemant Sinha.

'Inclusion in primary eye care service' by Kushal Dharmani

Bharti Janiyani made a Paper Presentation on 'Number of Persons with Disabilities Accessing Eye Care Services at Primary and Tertiary Level'.

For the Poster Presentation: Bharti Janiyani's topic was 'Uptake of Primary Eye Care Services through Vision Centers & Outreach, eliminating the barriers by making it accessible and affordable.' While Kushal Dharmani's topics were: Quality in Eye Care at affordable costs 'Building a Skill-Enhancement Powerhouse: Evolving into an Institute of Excellence' and Quality in Eye Care at affordable costs



Congrats to Ms. Bharti Janiyani for winning the 3rd place in the Poster Presentation.

Her poster was titled 'Uptake of Primary Eye Care Services through Vision Centres & Outreach – eliminating the barriers by making it accessible & affordable.'



Workshops/ Training



Mohd. Imran Khan, Quality Manager, Mr. Akhilesh Parmar, Store Asst. and Ms. Pooja Bihare, Nurse attended a half-day CME on Adverse Drug Reaction organized by AIIMS, Bhopal.

Refresher Training for Optometrists & Ophthalmic Assistants

SSEH in partnership with Sightsavers organised a two-day refresher training from 14th – 15th September 2023 for optometrists and ophthalmic assistants to improve and refresh their skills. of optometrists in using basic ophthalmic equipment and adhering to quality protocols. Dr. Hemant Sinha, senior faculty member at SSEH, conducted the sessions. Fifteen participants attended the training.



Team SSEH participated in Materiovigilance: Need of the hour for every Healthcare Professional organised by AIIMS, Bhopal on 22th, September 2023.



Quality department from SSEH participated in NABH master class training program on 24th September 2023.

VISITS



Shri Tulsiani interacting with patients

An Inspiring Visit by Philanthropist

Philanthropist Shri Sunil Tulsiani's visit to Sewa Sadan Eye Hospital on 18th July 2023 was truly heartwarming.

He took the time to meet with the camp patients and showed genuine concern for their well-being. His generosity in sponsoring the eye camp and distributing mid-day meals to the admitted camp patients was truly inspiring.

Trustee Shri Mahesh Dayaramani, Consultant Col. Dr. Madan Deshpande, Sr. Manager Duo Bharti Janiyani, Kushal Dharmani, and Devendra Tulsiani, son of Shri Sunil Tulsiani, were also present on this occasion. Visits and the generosity of philanthropists like Shri Sunil Tulsiani make a positive impact on the lives of others.



Technical Advisor LCIF, Dr. Kuldeep Dole visited SSEH for a review meeting of the Diabetic Retinopathy Project.

Shri Janiyani, Col (Retd) Dr M Deshpande, Shri Awatramani, Kushal Dharmani & Bharti Janiyani with Dr Dole.



A Visit from Experts from Sankara Nethralaya

A team from Sankara Nethralaya comprising: Dr. Girish Rao President, MRF Executive MD; Dr. Rajiv Raman, Retina Specialist; General Manager, Suresh Kumar, and Treasurer, Kannan Narayanan visited SSEH on 30th July 2023.

In the ensued discussion, suggestions were shared to further improve the amenities and facilities to serve the patients better.



SSEH Trustees, Senior Doctors and other staff members with team from Sankara Nethralaya

COMMUNITY EYE HEALTH



School Eye Health supported by Sightsavers

During the quarter screening of school students was carried.

- Screening 14,777 | Refraction 726
- Spectacle dispensed 499
- Teachers training 433
- Students sensitised on Eye Health 655

End - line evaluation conducted by CBM



The CBM team at Vision Centres Timrani (above) & Sirali (right)



CBM conducted the end-line evaluation study of Standard Chartered Bank's vision centre project. Mr. Sathish Nagappan, Project – Manager, Inclusive Vision Centre Management and Dr M.S. Bala Vidyadhar visited the centres supported by them on 12th September 2023.

Visit by OEU



OEU team at the Mandideep Vision Centre (above)

Dr. Ritu Ghosh, Global Director of International Programmes, OEU and Dr. Troy Cunningham, Country Director, OEU, India visited SSEH projects.

It was an introductory meeting of Dr. Ritu Ghosh with the SSEH management and a visit to vision centres supported by OEU.



EYE & HEALTH CAMPS

Sewa Sadan Eye Hospital and SBI Pensioners Association jointly organized a free eye camp on 28th July, 2023. A total of 65 patients came to camp for treatment. These include 53 male and 12 female patients. Out of them 28 were identified and advised for cataract surgery.



A health check-up camp was held for students and staff of Sant Hirdaram Institute of Management, Bhopal on 16th September, 2023.



Sewa Sadan Eye Hospital keeping with its charitable mode, organises regular free eye and health camps.

During the months of July to September 2023, SSEH collaborated with the Bhopal Utsav Mela Samiti to organise three eye camps, providing essential eye care services to those who are unable to afford them.

These eye camps are held annually during the monsoon season by SSEH and the Bhopal Utsav Mela Samiti and include not only eye examinations but also screenings for blood pressure and diabetes.

A total of 898 were screened for eye ailments at the camps. Cataract surgeries performed: 264



Dubai Mahila Dharamshala Gandhi Nagar, Bhopal on (9th July)

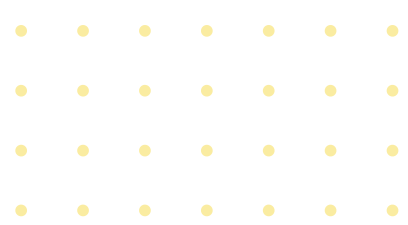


GaneshMandir, Chola Road, Bhopal (16th July)



Bhopal Railway Station (23rd July)





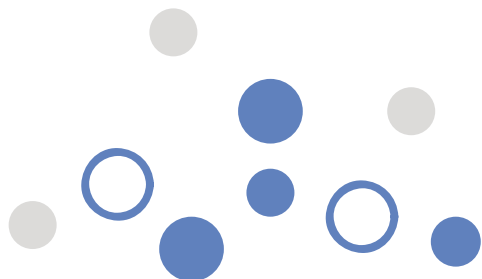
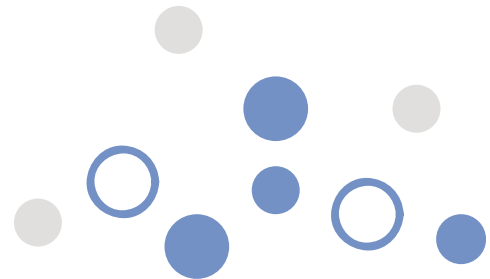
EDUCATION

DNB Practical Exam

On 20th September, 2023 NBEMS conducted a Formative Assessment Test for DNB candidates at SSEH for the session 2023. A total of nine students appeared for the exam.



Twenty-five students from rural and urban areas joined the Allied Ophthalmic Personnel course. INGO Mission For Vision is supporting the course.



One fellow joined the long-term Comprehensive Ophthalmology course run by Sewa Sadan Eye Hospital.



Observing Special Days

Doctors Day Observed

National Doctors Day is observed on 1st July every year. To observe the day, Sewa Sadan Eye Hospital felicitated ophthalmologists working at SSEH.

Shri L.C. Janiyani, Managing Trustee expressed gratitude to the eye surgeons for rendering eye care services to prevent avoidable blindness. Medical Director Dr. Purna Upadhyaya, Consultant Dr. Hemant Sinha, Sr. physician Dr. G.T. Khemchandani and all other senior ophthalmologists were present on the occasion.



Patient's Safety Day - "Engaging patients for patient safety"

World Patient Safety Day is observed annually on 17th September. It serves as a global platform to emphasize the importance of patient safety in healthcare systems worldwide.

This year's theme was "Engaging patients for patient safety".



At SSEH, patient day was observed by performing an evacuation drill for the safety of the patients in case of a fire break out . Fire Brigade Instructor, Bhopal, Shri. Shakti Tiwari during a brief training session explained measures for patient security to the hospital staff.

Shri Tiwari detailed regarding the safe evacuation of admitted patients from the ward. He drove home the importance of understanding the evacuation drill as fire incidents can result in loss of life and property. Shri Tiwari demonstrated the method to operate fire extinguishers and fire hydrant systems.

SSEH Celebrates 37th Foundation Day

Sewa Sadan Eye Hospital celebrated its 37th Foundation Day on 9th, September 2023. Over the past three decades, the hospital has remained dedicated to providing high-quality eye care services to all patients, especially through free eye camps for those who are in need of assistance.

To mark the occasion, the hospital hosted an event '**Indradhanush**,' featuring cultural and sports activities. It was a day of fun and frolic and was heartening to see the doctors and staff members participate enthusiastically in singing, drama, dance, fashion parades, and sports, showcasing their diverse talents and interests.

The doctors put on their dancing shoes while the cricket team engaged in a match and the women staff took to the stage for a beauty competition.

The Trustees of SSEH were invited with their families to enjoy the evening.





RESEARCH PUBLICATION

In a first for Sewa Sadan Eye Hospital, a team of doctors - Dr Sonal Paliwal, Dr Riddhima Deshpande, and Prerna Upadhyay - authored research article on 'Safety and efficacy of ranibizumab biosimilar (Razumab®) as a cost-effective alternative to the innovator molecule for macular disorders in real-world'. The research article has been published in the prestigious Indian Journal of Clinical and Experimental Ophthalmology.



Dr. Sonal Paliwal, main author of the article

Eye Donation Fortnight

The 38th National Eye Donation Fortnight was observed from 25th August to 8th September. Awareness campaigns during the fortnight aims to raise awareness of the need for eye donation and pledge to donate eyes after one's demise.

This year to raise awareness on eye donation, a painting competition was organised at Truba College, Bhopal.



Mr. Ravindra Pathak – HR Manager, Ms. Bharti Janyani – Sr. Hospital Manager Ops, Mr. Santosh Vyas – Project Manager with students of Truba College.

This newsletter is published by
Sewa Sadan Eye Hospital (Trust)

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