



# QUARTERLY NEWSLETTER



We wish all a Prosperous,  
Peaceful and Healthy New Year.

## HIGHLIGHT

### SSEH is Awarded the Prestigious Six Sigma Excellence Award.

We are extremely delighted to share that Sewa Sadan Eye Hospital has been awarded BEST EYE HOSPITAL by Six Sigma Excellence Award.

This award is another yet feather in our cap. Six Sigma is considered as the highest qualified grade at international level.

The award encourages us to continue to keep improving our services to serve our patients with quality eye care.





# Workshops/ Conferences

## SSEH Participates in 'Nayan Kumbh'

The 46th MP State Ophthalmic Society conference 'Nayan Kumbh' was held in Ujjain, Madhya Pradesh between 27 – 29 October 2023.

At the reputed conference, Dr. Sonal Paliwal, Retina Consultant, SSEH made a presentation on 'Secondary Paracentral Retinal Holes following ILM Peeling' which was well received.



Dr. Paliwal at the conference



DNB Residents from SSEH: Dr. Krishna Nimbalkar, Dr. Neha Mota and Dr. Anshul Shukla won the quiz contest held at the conference. Congratulations to the very able team.



Congrats to the winning team



## The Annual Eye Care Initiative

Ms. Bharti Janiyani, Sr. Hospital Manager-(Operations) at SSEH participated in the 3rd Annual Eye Care Initiative that was held on 17th December, 2023, in Delhi. During the one-day event, she delivered a presentation that covered the activities of the hospital. The initiative managed to bring together almost 40 participants from different eye hospitals across India.



# Workshops/ Training

## Orientation at Sankar Nethralaya

As Sewa Sadan Eye Hospital maps out its plans to upgrade hospital systems for enhancing services and further developing other divisions in the hospital, Sankar Nethralaya, one of the top hospitals in the country, was the obvious choice for an orientation. Sankar Nethralaya, Chennai, Tamil Nadu is one of the pioneers that has quality systems for eye care. It is also one of the leaders in premier education and research.

A senior team from Sewa Sadan Eye Hospital comprising Dr. Prerna Upadhaya, Medical Director; Mr. Kushal Dharmani, Sr. Hospital Manager ( Admin) and Ms Bharti Janyani, Sr. Hospital Manager (Operations) visited Sankar Nethralaya from 1st to 4th November 2023. During the visit, Dr Prerna Upadhaya and Ms Bharti Janiyani oriented in departments of clinical, research, and education while Mr. Kushal's focus was on finance, operations, and patient flow.



*Dr Prerna Upadhaya is seen here with Mr. Suresh Kumar, General Manager, Admin & Operations, Sankara Nethralaya; Ms. Bharti Janiyani and Mr. Kuhsal Dharmani*

## Skill Enhancement Workshop



*Thirty three participated in the workshop*

A two-day skill enhancement workshop for the vision centre staff was organised on 20th & 21st October 2023 at the hospital in Bhopal.

At the workshop, faculty from Alcon, Mr. Amar Rathore, Mr. Shlendra Raghuwanshi and Mr. Manish Singh Parmar focussed on developing the communication skills of the vision centre staff. This skill will aid while interacting with the patients: how to identify a problem when a patient steps into a VC. A total of 33 from SSEH's 39 vision centers participated.

The vision centers, which provide basic eye care at the community level, see an average of 10,000 patients per month. Improving communication skills to better serve patients could lead to increased health-seeking behaviour.



# Workshops/ Training

## Training in Effective Vision Centre Management

A national training programme on 'Effective Vision Centre Management' was organised by VISION 2020 India on 3rd & 4th November 2023. Mission For Vision provided technical support and the training was hosted by Sadguru Sankalp Netra Chikisalya, Anandpur, Madhya Pradesh. The two-day workshop saw 70 participants from 30 organisations across 12 states.



*Two participants from SSEH joined the training.*

Mr. Santosh and Mr. Prince from Sewa Sadan Eye Hospital participated in the training programme.

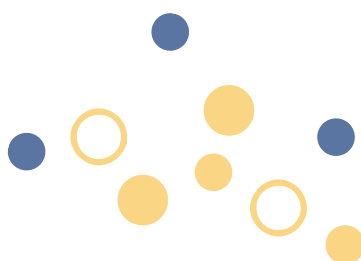
The faculty for the training included Mr. Franklin Daniel, Mission for Vision; Mr. Subeesh Kuyyadiyil, Sadguru Sankalp Netra Chikisalya, Chitrakoot; Mr. Niranjan Kumar, L.V Prasad Eye Institute; Mr. Mohd. Gowth, Aravind Eye Care System and Mr. Milind Rawal, Sadguru Sankalp Netra Chikisalya, Anandpur

## Towards Excellence in Surgical Outcomes



Aspiring to get desired surgical outcomes is the key focus in any eye hospital. To pave a path towards it, a team from SSEH of Dr. Shubha Rai, Consultant, Low Vision; Ms. Bharti Janiyani, Sr. Hospital Manager-(Operations) and Mr. S.D. Rao has enrolled in a one-year course (October 2023 to September 2024) LEAP – ESCO (Enhancing Cataract Surgical Outcomes) being conducted by Aravind Eye Care Systems. The collaborative course will enable hospitals to move towards excellence in surgical outcomes by implementing the right practices.

As part of the online/ offline mode, the team from SSEH visited Aravind Eye Hospital, Madurai for an in-person training for 4 days to look into the best practices followed by Aravind Eye Care Systems.



# PROJECT VISITS

## Cataract Registry

SSEH is part of a group of 11 eye hospitals engaged in Cataract Surgical Outcome registry led by Aravind Eye Systems for patient flow and surgical outcome. The team from Aravind made an on-site visit for evaluation of the same.



MFV team with SSEH Vision Centre's staff.

Mr. Franklin Daniel, Lead- VC Programme, and Ms Debashish, Programme Officer, Mission For Vision visited MFV supported vision centres (VC) for monitoring and observation.

They visited two VCs at Bankhedi and Sohagpur. Ms. Bharti Janiyani, Sr Manager ( Operations) and Mr. Manoj Dhavadiya, Programme Manager, SSEH accompanied the MFV team.

## Review of AOP Project



Ms. Rutul Shah, Manager, Training and Quality, Mission For Vision visited SSEH on 7th & 8th December 2023 for a review of the Allied Ophthalmic Personnel (AOP) Project supported by MFV.



The team from Aravind Eye Care System: Mr. Mohd. Gowth (Sr. Faculty), Dr. Anjali Khadia, Ophthalmologist, Arvind Eye Hospital, Pondicherry and Mr. Gautham, Sr. Microbiologist in Aurolab visited SSEH to establish a cordial relationship and to gain a better understanding of the cataract service practices.

To identify the challenges and come out with possible solutions to address them. Ms. Bharti Janyani, Sr. Hospital Manager (Operations) and Mr. Manoj Dhavadiya, Programme Manager accompanied the team during their 3-day visit from 28th- 30th November, 2023.



## EYE & HEALTH CAMPS



An eye check-up and health camp for CISF staff and their family members was organised. The camp also included training for CPR.

## Observing Special Days



### World Anesthesia Day

Sixteenth October was observed as World Anesthesia Day to raise awareness of the role of anaesthesia in healthcare. It is also a day to honour the anaesthetists, who help patients undergo painless surgery. At SSEH, we honoured anaesthetists Dr. Manoj Raje & Dr. Raju for their role in safe surgery. Col (retd) Dr Deshpande and Shri Awatramani honoured the doctors.

## World Diabetes Day

On World Diabetes Day ( 14 November ) we focus on diabetic retinopathy, one of the eye complications that can occur if diabetes is not managed.

To raise awareness on Diabetic Retinopathy, Dr Sonal Paliwal, Retina Consultant from Sewa Sadan Eye Hospital featured in a talk on Red FM.



## World Sight Day- “Love your eyes at work”

A range of exciting events marked WSD

Sewa Sadan Eye Hospital organised a range of exciting events to celebrate annual World Sight Day on 12 October 2023.

The WSD events spanned the capital city of Bhopal and 10 districts of Madhya Pradesh through the hospital’s 39 vision centers.

A skit competition, rangoli, painting, sports contest, awareness activities, and screening were activities that were an engaging combination of raising awareness with creativity involving the younger generation in both urban and rural areas, the hospital staff and the general public. The common aim was to raise awareness on eye health.



A skit competition on the theme of promoting awareness about eye care saw participation from 68 students from 7 schools and was held at the Nandani Auditorium, Sadhu Vaswani School, Bairagarh, Bhopal. The judges included Col. (retd) Dr. Madan Deshpande, Consultant, SSEH; Mr. P.S Rathore, and Dr. Sarita Kumar, Ophthalmologists at SSEH.



A colourful rangoli competition on “Eye Diseases” and “Eye Donation” was an opportunity for the hospital staff to bring out their creative best. Medical Director, SSEH, Dr. Purna Upadhyay, Associate Medical Director, SSEH, Dr. Rashmi Apte, and Mrs. Sandhya Deshpande formed the judging panel.



### WSD in the Community

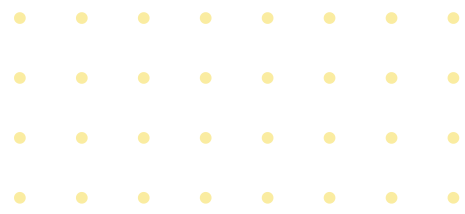
To mark World Sight Day, the community eye health division of Sewa Sadan Eye Hospital conducted a range of programmes to reach out to a large population in the community.

The programmes were held in 10 districts of Madhya Pradesh where the hospital’s vision centres are located and included school screenings, free eye camps, awareness programs, and a student rally.

We thank Mission For Vision, Sightsavers, CBM, and OEU for their support.







## WSD in the Community

The focus largely was on school students. Through INGO-supported school screening programmes, 1488 students were screened on World Sight Day. The screenings were in 6 districts of Narmadapuram, Raisen, Sehore, Betul, Vidisha, Berchha. In Vidisha a school rally drew the active participation of 78 students.



In addition to screening students, 19 free eye camps for the general population were organised. Nearly 2000 were screened for eye ailments. The camps were facilitated by our vision centres located in Narmadapuram, Raisen, Kalapipal, Vidisha, Sehore, Sirali, Bhopal, Timarni, and Babai.

For a more sustained effort and to educate the community on eye care awareness 15 camps were organised at different locations: Bareli, Nasrullaganj, Ladkui, Begumganj, Gairatganj, Kurawar, Shyampur, Betul Vidisha, Sehore, Sirali, and Bhopal.



On the 11th of October, a screening camp was conducted at LM Bakers Pvt Ltd, & on 12 Oct 180 + Badri Cotsyn Pvt Ltd, during which 165 were screened.





# Community Eye Health

## Improving Vision and Resolving Challenges

### Introduction

Lalita Bai, a self-reliant 56-year-old is a resident of Sohagpur Ambedkar ward in Narmadapuram district, Madhya Pradesh. She earns her living by selling vegetables in the marketplace.

A business she runs jointly with her only son earning around Rs 200-300 per day, which is barely enough to meet the requirements of their family of six. Lalita Bai lives with her son and his two children, and she is happy to spend time with her grandchildren.



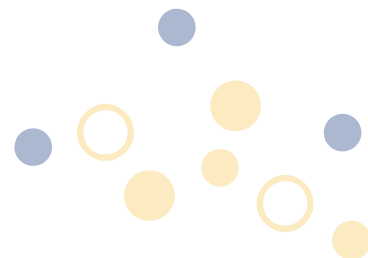
Recently, Lalita Bai's work and daily activities were affected as she started experiencing problems with her vision. She had difficulty seeing objects at a distance and accurately detecting money received while selling vegetables. As Lalita Bai's vision deteriorated, managing her vegetable stall became notably challenging. She was distraught.

She did not have money to see a doctor. However, Lalita Bai was fortunate. Sewa Sadan Eye Hospital health workers work with the community in Lalita's village to raise awareness on eye care. And it's the health workers who directed her to the SSEH's vision centre at Sohagpur.

Following a thorough examination at the vision centre, the diagnosis was a cataract in her right eye. Lalita Bai was promptly referred to Sewa Sadan Eye Hospital, Bhopal for further treatment where she underwent a successful surgery to restore her vision.

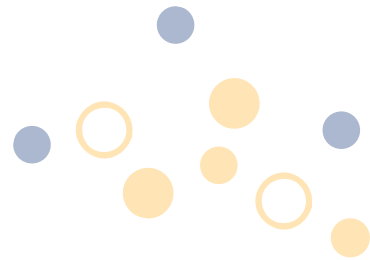
Lalita Bai experienced a remarkable improvement in her eyesight. The once-blurry world transformed into a clear and vibrant one.

**Improved Vision and Resolving Challenges:** Lalita Bai's improved vision gave back her confidence to manage adeptly her vegetable vending business. This newfound capability enabled her to sustain her business and livelihood effectively.



## Rememberance Day for Late Smt Ishwaribai Jivatram Buxani

On the anniversary ( 9th December) of late Smt. Ishwaribai Jivatram Buxani, prayers were offered by Trustee, Shri L.C. Janiyani along with the staff. Fruits were distributed to the patients in the Buxani wing which is dedicated to Late Mrs Buxani and houses the patients from the eye camps.



This newsletter is published by  
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